

The Nutri-Pharm massage cream range extends your massage therapy options with elegance and practicality. The cream base allows us to add a very high quality emu oil, a favourite amongst many massage therapists and the same standard as the emu oil used in Nutri-Pharm's therapeutic range.

Many therapists prefer a cream. Austral-Balm Lite and Myopax Lite are available in a range of pack sizes - 50g/1.76 oz, 1 litre/2.11 US Pints, 5 litre/1.32 US gal and 20 litre/5.28 US gal.

To give the creams extra massageability we have added a new highly purified macadamia nut oil which is also excellent for the skin. The creams are pure white, non-staining and clean up easily with a little water or simply towel dry.

The massage creams have the highest coefficient of friction of the Nutri-Pharm range (26% higher than almond oil). This means that the creams are relatively "firm" to massage and are suitable if a more vigorous tissue warming massage is required, or whenever a thicker product is preferred.

Like all our other products, the creams contain no mineral oils. Both Austral-Balm Lite and Myopax Lite are fully compliant with requirements for national and international sports use.

### Austral-Balm Lite

With 1% wintergreen oil, Austral-Balm Lite is a very pleasant and gentle muscle rub. Its fragrance is also light and not overpowering. An ideal sports massage cream, or for clients who have minor "niggles" but don't need the power of full strength Austral-Balm. Especially suitable for tissue warming massage.

### Precautions

For external use only. As with other wintergreen containing products, do not use if allergic to aspirin. Use with caution if taking anti-coagulant (blood thinning) medication.

### Myopax Lite

With Lavender (*Lavandula angustifolia*) and Rosemary (*Rosmarinus officinalis*) essential oils, Myopax Lite is well suited for soothing massage of stiff or tight muscles, particularly neck and shoulder massage. The fragrance is beautiful and Myopax Lite makes a popular hand and body cream with clients. Because of lavender's relaxing effect, Myopax Lite is excellent for evening massages.

### Precautions

For external use only. Due to rosemary content, use with caution during the first 4 months of pregnancy.

Nutri-Pharm  
Leaders in Innovative Scientifically Developed Natural Products

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